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**THE LARGEST CONSUMER HEALTH AND FITNESS EXPO
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- WORLD CLASS SPEAKERS
- AMAZING EXHIBITORS (SALES!)
- FREE SAMPLES
- FREE BOOTCAMPS AND WORKSHOPS
- COOKING DEMOS AND FREE FOOD PLANS



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HEALTH EXPO
HEALTH, FITNESS & LIFESTYLE SHOW **HALIFAX**

JANUARY 11-12, 2014 CUNARD CENTRE, HALIFAX, NS

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\$10 WEEKEND PASS
GENERAL ADMISSION ~ NO REFUNDS

SATURDAY 10AM - 6PM | SUNDAY 10AM - 5PM



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OR DISPLAY IT ON YOUR MOBILE DEVICE AT THE DOOR. JAN. 11 & 12, 2014 ONLY.