



5A^s OF OBESITY MANAGEMENT TRAINING FOR ALLIED HEALTH CARE PRACTITIONERS

A WORKSHOP ORGANIZED BY THE CANADIAN OBESITY NETWORK • WWW.OBESITYNETWORK.CA

FRIDAY APRIL 4, 2014, 1:00 PM - 5:00 PM
LIGHT REFRESHMENT AND 5A^s PROFESSIONAL TOOLKIT PROVIDED WITH REGISTRATION

PARTNERS FOR HEALTHIER WEIGHT, 6960 MUMFORD ROAD, SUITE 2055, HALIFAX, NS B3L 4P1



Join **Dr. Arya Sharma** for a workshop on the 5A^s of Obesity Management, and a set of practical tools to guide Allied Health Care Practitioners in Obesity Counseling and Management.

5A^s of Obesity Management

ARYA SHARMA,
MD/PhD, DSc. (h.c.),
FRCPC Professor of
Medicine and Chair for
Obesity Research and
Management, University
of Alberta & Scientific
Director of the Canadian
Obesity Network.



LEARNING OBJECTIVES

- To increase awareness of the fundamental principles of obesity management
- Recognize obesity as a chronic disease
- Understand the key elements of obesity assessment and counseling
- Apply the 5A^s intervention framework to their patients

THIS PROGRAM HAS BEEN SUBMITTED FOR REVIEW BY THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND IS AWAITING FINAL ACCREDITATION FOR MAINPRO M1 CREDIT.

CO-HOSTED BY



Space is limited and registration is required. Completed registration forms may be emailed to Krista Leck Merner at: Krista.leckmerner@cdha.nshealth.ca or faxed to (902) 454-2686.



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TO REGISTER:

SPACE IS LIMITED AND REGISTRATION IS REQUIRED. COMPLETED REGISTRATION FORMS MAY BE EMAILED TO KRISTA LECK MERNER AT: KRISTA.LECKMERNER@CDHA.NSHEALTH.CA OR FAXED TO (902) 454-2686.

CONTACT INFORMATION: *(as it will appear on your name badge)* Dr. Mr. Ms.

CURRENT ENROLLMENT:

- | | | |
|---|--|---------------------------------------|
| <input type="checkbox"/> Family Physician | <input type="checkbox"/> Kinesiologist/Exercise Prof. | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Specialist | <input type="checkbox"/> Psychologist | _____ |
| <input type="checkbox"/> RN/NP | <input type="checkbox"/> Occupational/Physical Therapist | _____ |
| <input type="checkbox"/> Dietitian | <input type="checkbox"/> Pharmacist | _____ |
| <input type="checkbox"/> Resident/Fellow | <input type="checkbox"/> Social Worker | |
| <input type="checkbox"/> Surgeon | <input type="checkbox"/> Admin/Program Chair | |

Last Name*: _____ First Name*: _____
 Address Line 1: _____ Institution: _____
 Address Line 2: _____ City: _____
 Province/State: _____ Postal Code/Zip Code: _____
 Email*: _____ Country: _____
 Phone *(please include area code)**: _____ Fax *(please include area code)**: _____

** Required contact information - this will be used for the pilot study but will not be made publicly available.*

5A'S REGISTRATION: Friday April 4, 2014, Space is Limited and registration is required

- CON-RCO member* \$50 - 5A^s professional toolkits (value \$35), light refreshment provided. Registration required.
- Non-member* Non-member \$60 - professional toolkits (value \$35), light refreshment provided. Registration required.

PLEASE NOTE: On-site registration desk open 12:30 PM. By registering for this workshop you agree to participate in a pilot study on the 5A^s of Obesity Management. All registrants will be required to complete a short Pre/Post evaluation survey and agree to be contacted by email (preferred) or phone by the Canadian Obesity Network.

Signature: _____ Date: _____

*CON Membership is free. Please go to www.obesitynetwork.ca and click "Join Us"