

### Request for Informational Materials

Partners for Healthier Weight (PfHW) is the first medically and psychologically focused obesity management centre in Atlantic Canada designed specifically for individuals with a BMI of 30 or greater. PfHW is co-directed by Dr. Vallis, PhD R Psych and Dr. Ransom, MSc, MD, FRCPC and is operated by Partners for Care, a registered non-profit charity that supports Capital Health patient care services and equipment purchases. PfHW offers a variety of obesity management services, including a 52-week, participant-pay Program designed to provide participants with the tools for long-term weight management. The Program's guiding principles focus on limiting choice and lifestyle modification to support participants in re-learning their relationship with food. PfHW's multidisciplinary team of healthcare professionals includes physicians, psychologists, dietitians, nurses and physiotherapists.

PfHW provides informational support materials as a resource for healthcare professionals and their patients. If you would like to order support materials for your office, please fill out this form and fax it to our office at (902) 454-2686. These materials will be mailed directly to your office.

If you have any patients that are interested in learning more about the PfHW Program, please advise your patient to visit our website [www.partnersforhealthierweight.ca](http://www.partnersforhealthierweight.ca) and view "Information Session Videos and Related Documents".

Healthcare Provider's Name:		
Address:	City:	Province:
Postal Code:	Phone Number:	Fax Number:

#### Select the type of informational materials you wish to receive:

Patient Brochures (order in multiples of 25):

\_\_\_\_\_ Quantity

Referral Tear sheet pads (25 sheets/pad):

\_\_\_\_\_ Quantity

Information package for healthcare professionals outlining obesity management services offered

PfHW is committed to supporting family physicians and other health care professionals to understand the complexity of obesity management and effective treatment options. Please check the box if you would be interested in attending continuing education opportunities related to obesity management.

*For additional copies of this form, please visit our website at [www.partnersforhealthierweight.ca](http://www.partnersforhealthierweight.ca).*